



Wynland Gymnastics Academy

Newsletter #2: Term 3 2020

Gymnastic friends, we have reached the end of an abnormal long term 2 and can say that this is one that will be remembered for many years to come. Term 3 is already halfway through and we share with you some important information



GLANCE BACK AT TERM 2

During term 2, we mostly made use of Zoom classes, video's and home programs. Most of our gymnasts participated and this helped keeping all fit and strong.

Before our 1 week break, we ended off with the level 4+ gymnasts taking a hike up Paarl Mountain. We are privileged to live in a beautiful town.



COVID 19



We would like to thank all of you for helping us abide to the COVID 19 regulations as set out by the SAGF. We know that the “new normal” is not easy. If all of us just do our own part, we can make this work. Please remember to:

- complete the Daily Registration Form every day before class
- bring your sanitizer with you to gym
- wear your mask when you enter

We are in the process of giving each gymnast their own SAGF membership card which they can put on their gym bags. Each gymnast has their own unique SAGF membership number. Please assist us by entering this number every time you complete the “Daily Registration Form”

TERM 3

We had to adapt our dates according to the school terms that changed. Therefore, we will only be closing for holidays on the 23rd of October and re-open again on the 2nd of November. Our financial term ends end September and the 4th term will be October, November & December. Please remember that all payments are to be made upfront before the 7th of each month. Thank you to all of you who make your payments on time. It is difficult times for all of us. Please contact us if you have to make any financial arrangements.

GYMNASTICS ACTIVITIES



During the past 8 weeks we have focussed on getting all our gymnasts fit and strong. We are now working on new skills and in upgrading their difficulties.

PRE-LEVEL TESTING

We are planning to have our Pre-level gymnasts tested on their Silver Certificate on the 12th of September. This is an opportunity for all parents to see the progress of their child. If we are not able to test all of them on the same day due to COVID regulations, we will have in-house testing. Further information will be sent out before the time.

Level 1-3 Competitions

Due to the changing of school terms and COVID 19 regulations, the formal competitions have been put on hold. We are planning to have a club competition on the 17th of October and possibly a District Trials on the 21st of November. The format of the competitions will be different. As soon as we have definite information, it will be sent out. Currently we are working on their routines and upgrades.

LEVEL 4+

Our level 4+ girls are working on their competition routines as well as upgrades for 2021 competition season.

For now their normal competitions are on hold, but they will be doing in-house testings. They may still have district or provincial competitions, but in a different format. Planned dates for testings and competitions are as follows. Please note that none of the dates are set. This is only provisional and may change depending on the COVID 19 regulations.

DATE	EVENT
5 SEPTEMBER	½ ROUTINE TESTING LEVEL 4+
19 SEPTEMBER	MINI FULL ROUTINE TESTING LEVEL 4+
16 OCTOBER	FULL ROUTINE TESTING LEVEL 4+
7 NOVEMBER	HP INVITATIONAL (LEV 8+)
20 NOVEMBER	LEVEL 4+ WAG DISTRICT TRIALS
10-14 DECEMBER	GYM GAMES LEVEL 4+

POK

During our week off, the hall was cleaned and sanitized again as per our COVID 19 regulations.



WYNLAND PROVISIONAL DATES AUGUST –DECEMBER 2020

DATE	EVENT
11 AUGUST	GYM TRAINING STARTS
24 AUGUST	SCHOOLS START
5 SEPTEMBER	½ ROUTINE TESTING LEVEL 4+
12 SEPTEMBER	GYM MIX & PRE LEVEL TESTING – INHOUSE
19 SEPTEMBER	MINI FULL ROUTINE TESTING LEVEL 4+
16 OCTOBER	FULL ROUTINE TESTING LEVEL 4+
17 OCTOBER	LEV 1-3 CLUB COMPETITIONS
23 OCTOBER	SCHOOL CLOSE
7 NOVEMBER	HP INVITATIONAL (LEV 8+)
20 NOVEMBER	LEVEL 4+ WAG DISTRICT TRIALS
21 NOVEMBER	LEVEL 1-3 WAG DISTRICT TRIALS
28 NOVEMBER	PRE LEVEL GOLD TESTING
4 DECEMBER	PRIZE GIVING LEVEL 4+
5 DECEMBER	PRIZE GIVING GM; PL; LEVEL 1-3
10 – 14 DECEMBER	GYM GAMES LEVEL 4+

We are looking forward to an exciting Term 3 with hard work. Please keep healthy & safe!

WYNLAND COACHES